

25.06.2024

KANNUR UNIVERSITY

(SINGLE WINDOW CELL)

ADMISSION NOTIFICATION

Online Applications are invited for admission to **Post Graduate Diploma in Yoga Education, Certificate Programme in Yoga** for the academic Year 2024 -25 at the School of Physical Education & Sports Sciences (Department of Physical Education), Mangattuparamba Campus, KU Campus P.O, Kannur 670567 (Ph:8281245091, 9447424186).

Post Graduate Diploma in Yoga Education : (Duration 1 year)

Intake :Admission will be given to Twenty students each (20 students) in one batch on the basis of merit.

Eligibility :

- 1.Should have passed any Bachelor's degree of Kannur University or any other University recognized as equivalent thereto.
- 2.Should be physically fit to undergo Yoga training.
- 3.Age- No bar
4. Reservation of seats shall be as per rules framed by the Government/ University from time to time.

Certificate Programme in Yoga (Duration 3 months)

Intake : Admission will be given to Twenty students each (20 students) in one batch on the basis of merit. Additional batches may be considered if required.

Eligibility :

- 1.Candidates for admission to the Certificate Programme in Yoga should have passed HSC/+2/VHSC/10 +3 Diploma or any other higher examinations recognized by the Kannur University. Subject to the fulfillment of attendance as per Regulation, employed candidate also will be considered.
- 2.Should be physically fit to undergo Yoga training.
- 3.Age- No bar
- 4.Reservation of seats shall be as per the rules framed by the Govt./University from time to time.

How to Apply

- Application shall be submitted through online. For online registration fee is Rs.500/-.
- **Payment only through SBI E-pay.**
- Candidates may visit <https://admission.kannuruniversity.ac.in>. After successful submission of the online application, applicants have to take Print out of the submitted application and carry the same along with the following documents at the time of interview/admission.

- i Self-attested copies of all documents
- ii All the documents and certificates in original
- iii Any government ID proof (Passport, Voter ID, Aadhar Card, Driving License)
- Selection of candidates for admission to the programme shall be based on the Entrance Examination, Physical Fitness test and marks of the qualifying examination
- Reservation of seats shall be as per rules framed by the Government/University from time to time.
- **Online submission of application ends on 10.07.2024**

Prospectus can be downloaded from the University website www.kannuruniversity.ac.in.



Prof. (Dr.) Joby K Jose

Registrar



KANNUR UNIVERSITY



PROSPECTUS

Admission to Post Graduate Diploma in Yoga Education

For online submission of application visit:

<https://admission.kannuruniversity.ac.in>

1. ABOUT THE DEPARTMENT

1.1 Profile of the Institution

Kannur University was established in the year 1996 as a teaching residential and affiliating university. Considering the great sports tradition and the socio-cultural background, the university established the School of Physical Education and Sports Sciences in the year 2001 as a teaching and research department with a vision to provide quality professional training in Physical Education and to mould young talented sports persons to achieve excellence in the field of Sports.

Within a short span of time the institution has developed as a Centre for excellence with state of the art infrastructure facilities and excellence in the field of sports as well as professional training and research in physical education and sports. The institution offers M.P.E.S (CBCSS) (UGC Recognised), Diploma and Certificate programmes and PhD programme.

1.2 Facilities and Infrastructure

The School of Physical Education and Sports Sciences has the following facilities:

- Academic cum Administrative Building
- Well Staked Library
- Indoor Stadium with Basketball, Handball, Volleyball and Badminton Courts.
- Swimming Pool
- Standard 400 meter Synthetic Athletic Track
- Football Ground cum cricket field
- Outdoor Facility for Basketball, Volleyball, Tennis, Kho-Kho, Kabaddi etc
- Cricket Nets
- Multi-Gym Fitness Centre
- Multipurpose – Seminar Hall
- Exercise Physiology Laboratory
- Sports Psychology Laboratory

- Sports Biomechanics Laboratory
- Measurement and Sports Training Laboratory
- Physiotherapy Centre.
- Yoga Centre.
- Sports Ayurveda Research Centre
- Equipment for all the major games and Athletics.
- Hostels for Men and Women

With a vision to develop vibrant society through holistic education, the Department offers one year diploma programme in Yoga Education. The importance of Yoga as an intervention in health has been universally recognized especially in times of the pandemic. The curriculum has designed to provide a platform for scholars, educationists and researchers to explore all aspects of Yoga education and to mould up excellent trainers.

2. COURSE OF STUDY

Post Graduate Diploma in Yoga Education (Duration: 1 Year)

3. DURATION OF THE COURSE

Post Graduate Diploma in Yoga Education is a one-year duration programme with two semesters with each semester having 90 working days. The programme includes theory & practical training sessions to provide a comprehensive learning experience to the students. The Programme of study shall be in regular mode and the candidates have to possess required attendance.

4. INTAKE

Admission will be given to twenty students (20 students) in one unit on the basis of merit.

5. ELIGIBILITY

- Should have passed any bachelor's degree of Kannur University or any other University recognized as equivalent thereto.
- Age - No bar
- Should be physically and mentally fit to undergo Yoga training.

- Reservation of seats shall be as per rules framed by the Government/ University from time to time.

6. FEE STRUCTURE

The candidates have to remit the below mentioned fees fixed by University at the time of admission (Candidates who enjoy communal reservation such as SC/ST/OEC are exempted from the payment of tuition fee provided that the fees should be claimed through e-grantz or any other eligible scholarship by submitting the necessary documents in time.

| Particulars | Amount ₹ |
|------------------------------------|---|
| Application form fee | 500.00 (to be remitted at the time of online submission of application form) |
| Admission fee | 500.00 |
| Tuition fee (For two semesters) | 40000.00 |
| Library fee | 400.00 |
| Sports Affiliation Fee | 300.00 |
| Students Welfare / Development Fee | 320.00 |
| Department Development Fund | 1000.00 |
| Alumni Fund | 100.00 |
| TOTAL | 42020.00 |

7. How to Apply.

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- i. Self-attested copies of all documents
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- iii. Any government ID proof (Passport, Voter ID, Aadhar Card, Driving License)

Online Submission of Application begins on 23rd June 2024 and ends on 10th July 2024.

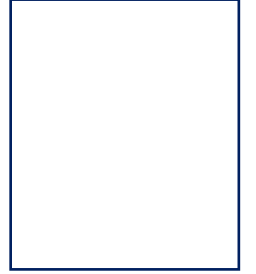
Tentative Schedule of Admission:-

| Last Date for Online Registration | Publication of Rank List | Interview/Verification of Certificates |
|-----------------------------------|----------------------------------|--|
| 10th July 2024 | 17th July 2024 | 22nd July 2024 |

5. ADMISSION PROCEDURE

The selection of candidates for admission to the *Post Graduate Diploma in Yoga Education* shall be based on the merit. Admissions to the seats are regulated on the basis of marks obtained in the qualifying examination. The selected candidates have to remit the entire fee at the time of interview /admission.

KANNUR UNIVERSITY
SCHOOL OF PHYSICAL EDUCATION AND SPORTS SCIENCES
Application for Admission to Post Graduate Diploma in Yoga Education
2024-2025



- 1 Name (Capital Letter) :
- 2 Date of Birth :
- 3 Gender :
- 4 Nationality :
- 5 Address to Which
Communication :
- 6 Email & Mobile Number :
- 7 Religion & Community :
- 8 Aadhar Number :
- 9 Category : SC/ST/
OEC/OBC/EWS/Other :
- 10 Whether PWBD and
Percentage of Disability :
- 13 Weightage Details : NCC/NSS

14. Academic Details (Please furnish the details of Under Graduate Programme only)

| Qualifying Degree | Register Number | Year of Passing | Number of Appearances | Mark/CGPA Secured | TOTAL Marks/CGPA | University |
|-------------------|-----------------|-----------------|-----------------------|-------------------|------------------|------------|
| | | | | | | |

DECLARATION

I accept that all the information given in the application is true to the best of my knowledge. Any wrong information provided by me is found at any of the stages of allotment, I shall not be considered for the admission. I undertake that I shall abide by the rules and regulations of the University.

Signature of the Candidate

KANNUR UNIVERSITY



PROSPECTUS

Admission to Certificate Programme in Yoga

For online submission of application visit:

<https://admission.kannuruniversity.ac.in>

**SCHOOL OF PHYSICAL EDUCATION AND
SPORTS SCIENCES
Mangattuparamba Campus**

1. ABOUT THE DEPARTMENT

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- Sports Biomechanics Laboratory
- Measurement and Sports Training Laboratory
- Physiotherapy Centre.
- Yoga Centre.
- Sports Ayurveda Research Centre
- Equipment for all the major games and Athletics.
- Hostels for Men and Women

2. COURSE OF STUDY

Certificate Programme in Yoga (Duration: 3 months)

3. DURATION OF THE COURSE

The duration of Certificate Programme in Yoga is of three months duration. The entire programme consists of 12-15 weeks of academic work equivalent to 60 actual teaching days. The programme includes theory & practical training sessions to provide a comprehensive learning experience to the students.

The programme of study for certificate in Yoga Education shall be in blended mode (offline and online sessions) as per the schedule notified by the department. Candidates must attend the mandatory offline sessions and fulfil the required attendance for appearing in the examination.

4. INTAKE

Admission will be given to twenty students each (20 students) in one batch on the basis of merit. **Additional batches may be considered if required**

5. ELIGIBILITY

1. Candidates for admission to the Certificate Course in Yoga shall have passed HSC/+2/VHSC/10+3 Diploma or any other higher examinations recognized by the Kannur University.
2. Should be physically fit for the training programme.
3. Age – No bar
4. Reservation of seats shall be as per the rules framed by the Government/University from time to time. .

6. FEE STRUCTURE

The candidates have to remit the below mentioned fees fixed by University at the time of admission (Candidates who enjoy communal reservation such as SC/ST/OEC are exempted from the payment of tuition fee provided that the fees should be claimed through e-grantz or any other eligible scholarship by submitting the necessary documents in time.

| Particulars | Amount |
|-----------------------------|---|
| Application form fee | 500.00 (to be remitted at the time of online submission of application form) |
| Admission fee | 500.00 |
| Tuition fee | 15000.00 |
| Library fee | 400.00 |
| Department Development Fund | 1000.00 |
| Alumni Fund | 100.00 |
| TOTAL | 17000.00 |

7. How to Apply.

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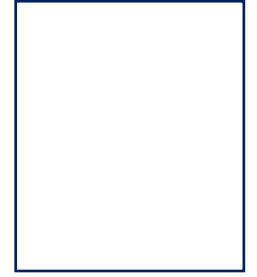
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5. ADMISSION PROCEDURE

The selection of candidates for admission to the *Certificate Programme in Yoga* shall be based on the merit. Admissions to the seats are regulated on the basis of marks obtained in the qualifying examination. The selected candidates have to remit the entire fee at the time of interview / admission.



KANNUR UNIVERSITY
SCHOOL OF PHYSICAL EDUCATION AND SPORTS SCIENCES
Application for Admission to Certificate Programme in Yoga 2024

- 1 Name (Capital Letter) :
- 2 Date of Birth :
- 3 Gender :
- 4 Nationality :
- 5 Address to Which Communication :
- 6 Email & Mobile Number :
- 7 Religion & Community :
- 8 Aadhar Number :
- 9 Category : SC/ST/
OEC/OBC/EWS/Other :
- 10 Whether PWBD and
Percentage of Disability :
- 13 Weightage Details : NCC/NSS

14. Academic Details (Please furnish the details of Under Graduate Programme only)

| Qualifying Degree | Register Number | Year of Passing | Number of Appearances | Mark/CGPA Secured | TOTAL Marks/CGPA | University / Board |
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DECLARATION

I accept that all the information given in the application is true to the best of my knowledge. Any wrong information provided by me is found at any of the stages of allotment, I shall not be considered for the admission. I undertake that I shall abide by the rules and regulations of the University.

Signature of the Candidate